9:-Evans K-5 (ca. 1940) 1942
ER6 Rural Irish ER6

It is stated that in
Mayo a ploughman would be called in to shake a woman at a 845
difficult childbirth, presumably because it is he who prepares the ground and shakes the seed which brings new life to the fields.

Music, dancing, games and dramatic performances also 536
played their part in the seasonal gatherings, and one may 527
hazard the guess that the Irishman's passion for betting 796
derives from this source. A ritual element, as in the wake 842
games mentioned in the previous chapter, can often be detected, for example in the following account taken from the source quoted above. It describes a May game or pantomime from the Louth-Armagh border, modified survivals of which were current through most of the 19th century in the Slieve Gullion district. "On May day the figure of a female is made up, fixed upon a short pole and dressed in a fantastic manner, with flowers, ribbons, etc. This figure they call 'The May Baby.' Around it a man and woman (generally his wife) dressed also fantastically with straw, dance to the sound of a fiddle and entertain the people with indecent shows and postures, the figure at the same time being kept moving by the rustic maiden that supports it. These exhibitions cause great merriment among the assembled populace; women who have had no children also attend (some of them from a considerable distance) to see this figure and exhibition, which they imagine will promote fruitfulness in them, and cause them to have children. Money is collected, and when the actors and musician have received some remuneration the remainder is laid out in drink, and the evening passes by jovially." This magic pantomime was originally intended to secure the success of the year's crops.

Such rites and gatherings have gradually been suppressed 517
or won over by the Church; and Sunday evening is now the 526
favourite recreation time for dancing and games. Among the older games, hurley is most popular, and horse-racing has by no means lost its appeal although it has suffered like other amusements from commercial exploitation. On many a

16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
(1959-1960) Inis Beag

November 1st. Imbolc heralded the coming of spring with the lactation of ewes, while at Beltaine cattle were driven to open grazing after passing between bonfires which magically protected them against disease and ensured their fertility. The harvest commenced with Lughnasa, and the grazing season ended with Samhain. Of these festivals, Imbolc has become reinterpreted with the feast of St. Brigid; Beltaine and Samhain, known today as May Day and Allhallows respectively, have remained almost untouched by Christianity and are observed in Inis Beag; but Lughnasa has disappeared from island tradition. Lughnasa still is celebrated in many parts of Ireland and is the subject of a monumental folklore study—Maire MacNeill's *The Festival of Lughnasa*; until the introduction of early potatoes into Inis Beag, harvesting commenced on this day, but any other practices associated with Lughnasa were abandoned long ago. Minor pagan festivals have become reinterpreted with Whitsuntide and the feasts of St. John, St. Martin, and St. Stephen, all of which are observed in Inis Beag.

Brigid, the most renowned of Irish female saints, was a cowherd and therefore is associated with cattle and with flowers, such as the dandelion, which nourish young lambs in the spring. On the last day of January, a small "Brigid's Cross" is fashioned from straw in each household of Inis Beag, and is thrust into the thatching at the end of the feast day. Crosses once were made from rushes, wood, metal, and even paper, and it is possible to determine the age of a thatched cottage being dismantled or renovated by counting the number of crosses salvaged from the straw debris. The Celts worshipped the sun whose symbol was the swastika, and the Brigid's Cross takes this form. It is a charm which protects the house (and the byre on the mainland) and those within it from harm, especially by fire, during the year. At the beginning of this century, a destitute woman who lived alone used to go from door to door begging for food and carrying a large "Brigid's Doll" made of straw and dressed immaculately in white with a picture of the saint on its breast. Some of the folk pulled straw from the doll to manufacture their crosses. After the woman recited the following poem, she was presented with food in honor of the saint, for which she blessed each person in the household with the doll:

Here comes Brigid	She is deaf and
Dressed in white.	She is dumb.
Give her something	For God's sake,
For the night.	Give her some.

Today, small groups of girls travel about the island emulating their predecessor by begging for coins to buy candy and donate to the church. A Brigid's Doll dressed in confirmation garb is carried by the leader of each group, and is used to confer blessings after the girls have recited in unison the two verses.

May Eve and Allhallows' Eve are both times when it is dangerous to go out of doors alone at night or be abroad after midnight, for the "big fellow" roams the back of the island, and everywhere pagan fairies, witches, vindictive ghosts, and the dog of the tumulus search for human victims. The safety of cattle is of particular concern to the folk on May Eve, and a common practice is to attach to the horn or tail of a cow a cloth containing a piece of iron which has